

LOYOLA COLLEGE OF ARTS & SCIENCE, METTALA (Co-Ed.)



(Affiliated to Periyar University, Salem)

Accredited by NAAC with "B" Grade (I Cycle)

Recognized under section 2(f) of the UGC Act, 1956

Mettala, Oilpatty Post, Rasipuram Taluk,

Namakkal (Dt.)-636202

**NSS Motto:** The motto of the National Service Scheme (NSS) is "Not Me But You". This reflects the essence of selfless service and the commitment to helping others without expecting anything in return. It emphasizes the concept of "service to others" and highlights the idea that the well-being of others should take precedence over one's own self-interest.

**Nationalized Theme of NSS:** The theme of NSS is typically aligned with the values of community service, social welfare, and youth empowerment. Each year, the theme may vary depending on national priorities and social issues. However, the overarching theme consistently focuses on "Social Service", "Community Development", and "Nation Building".

NSS encourages students to engage in various social activities such as cleanliness drives, blood donation camps, environmental initiatives, health awareness programs, and other services that benefit society. The aim is to foster social responsibility, leadership, and civic consciousness among young people.

NSS also encourages students to participate actively in building a better society by offering their time and efforts toward various community-driven activities.

### **Blood Donation Camp 2024**

Date: July 25, 2024

Venue: Loyola College of Arts and Science, Mettala

Organizers: NSS Unit of Loyola College of Arts and Science, in collaboration with Mangalapuram Primary Health Centre



On July 25, 2024, the NSS Unit of Loyola College of Arts and Science, Mettala, in collaboration with Mangalapuram Primary Health Centre, organized a successful blood donation camp. The event was graced by the presence of Fr. Danish Ponniah and the Principal of the college, who felicitated the occasion.

Dr. Chitra Namagiripetai, Block Medical Officer, conducted an informative session on blood donation awareness, which was well-received by the donors. The NSS volunteers played a crucial role in arranging and managing the physical needs of the camp, ensuring its smooth operation.

The camp saw an enthusiastic response, with over 70 individuals participating as blood donors. The positive participation from the college community highlighted the success of the initiative and its importance in contributing to the community's health.

### **Anti-Drugs Awareness Program**

Date: June 26, 2024

Venue: Loyola College of Arts and Science, Mettala

Organizers: Loyola College of Arts and Science, Mettala and Ayilpatti Police Department



Loyola College of Arts and Science, Mettala, in collaboration with the Ayilpatti Police Department, organized an Anti-Drugs Awareness Program on June 26, 2024. The event aimed to educate students about the dangers of drug abuse and promote a healthy lifestyle among youth.

The program commenced with opening remarks from Reverend Father Secretary Dannish Ponniah and Principal Dr. Josephine Daisy, emphasizing the importance of such initiatives in educational institutions. Various student organizations, including NSS, actively participated in organizing and attending the event, demonstrating strong student engagement.

The Sub-Inspector of Ayilpatti Police Station delivered a comprehensive awareness session on the consequences of drug abuse and its impact on student culture. Other constables from the police department also contributed to the discussions, providing real-life examples and insights into drug-related issues.

The session concluded with a vote of thanks proposed by Dean of Students, Mr. Saravanan, acknowledging the efforts of all participants and encouraging continued vigilance against drug abuse. Students actively responded to the presentations and discussions, indicating a heightened awareness of the risks associated with drugs by the end of the session.

The Anti-Drugs Awareness Program successfully achieved its objective of educating students about the perils of drug addiction. The collaboration between the educational institution and law enforcement agencies fostered a drug-free campus environment and promoted a healthier future for the youth.

## Cleanliness Drive Outside the Campus by NSS Volunteers

Date: July 19, 2024

Venue: Nearby villages

Organizers: NSS Unit of Loyola College of Arts and Science



On July 19, 2024, NSS volunteers from Loyola College of Arts and Science took a significant step towards promoting cleanliness and environmental awareness by conducting a cleanliness drive in the nearby villages. This initiative was aimed at fostering a sense of responsibility among the volunteers and making them aware of the importance of a clean and healthy nation.

The cleanliness drive was organized by the NSS unit, with volunteers actively participating in cleaning public areas, streets, and other locations in need of attention. They also engaged

with local residents, spreading awareness about the importance of maintaining cleanliness in their surroundings.

The drive provided the volunteers with a valuable opportunity to understand their responsibility towards the nation. By participating in this activity, they gained firsthand experience of the challenges posed by unclean environments and the positive impact that collective efforts can have in improving public spaces.

This initiative was part of NSS's continuous efforts to promote social responsibility, environmental sustainability, and active citizenship. The volunteers' participation demonstrated their dedication to serving society and contributing to the greater good, highlighting the role of young people in shaping a cleaner nation.

Overall, the cleanliness drive was a great success, instilling in the volunteers a renewed sense of pride in their contribution to society and an enhanced understanding of the importance of maintaining cleanliness for the well-being of the community and the nation.

### **International Yoga Day 2024**

Date: June 21, 2024

Venue: IIIrd Floor Auditorium

Organizers: NSS Unit of Loyola College of Arts and Science



The International Yoga Day 2024 was celebrated with great enthusiasm at the IIIrd floor Auditorium on June 21, 2024. The program commenced with a serene prayer song, setting a peaceful tone for the event. College Secretary Rev. Dr. Danish Ponniah delivered a warm felicitation address, emphasizing the significance of yoga in maintaining physical and mental well-being.

Principal Dr. Josephine Daisy addressed the gathering, highlighting the importance of yoga in everyday life and its role in promoting a healthy lifestyle among students.

The event was meticulously organized by the NSS unit, with more than 100 students actively participating in the yoga session conducted by a certified instructor. Students engaged in various yoga postures and exercises, experiencing firsthand the benefits of yoga on flexibility, concentration, and stress relief.

Throughout the session, students gained insights into the deeper aspects and purposes of yoga, beyond its physical benefits, fostering a holistic understanding of this ancient practice. The program concluded on a patriotic note with the rendition of the national anthem, symbolizing unity and pride among the participants.

The International Yoga Day 2024 celebration was a resounding success, leaving a positive impact on all participants and reinforcing the importance of yoga in modern-day life.

### **Health Camp Organized by Loyola College of Arts and Science, Mettala, in Collaboration with Dr. Sudhakar ENT Hospital and Lawrence & Mayo**

Date: November 21, 2024

Venue: Ayilpatti

Organizers: Loyola College of Arts and Science, Dr. Sudhakar ENT Hospital, Lawrence & Mayo



On November 21, 2024, Loyola College of Arts and Science, in collaboration with Dr. Sudhakar ENT Hospital and Lawrence & Mayo, conducted a health camp in Ayilpatti, aimed at providing medical services to the rural community. The event was organized by the National Service Scheme (NSS) unit of the college.

The camp was inaugurated by the esteemed Secretary and Principal of Loyola College of Arts and Science, who emphasized the importance of health awareness and the college's commitment to serving society.

The health camp offered free medical check-ups, consultations, and various health services. Dr. Sudhakar ENT Hospital provided specialized ENT services, while Lawrence & Mayo offered free eye check-ups and vision screening. The camp catered to hundreds of people from the local community, many of whom benefitted greatly from the services provided. Various health conditions were identified and treated, and many individuals were referred for further treatment at the respective hospitals.

The initiative proved to be highly successful, providing much-needed medical attention to underserved rural populations and raising awareness about general health and hygiene practices. The collaboration between the college, Dr. Sudhakar ENT Hospital, and Lawrence & Mayo played a key role in the smooth execution of the camp, which served as a powerful example of community-driven healthcare initiatives.

Overall, the camp was a success, making a positive impact on the lives of those who attended and demonstrating the NSS unit's commitment to social service and community welfare.

These initiatives reflect the commitment of Loyola College of Arts and Science, Mettala, to not only the academic development of its students but also their holistic growth, social responsibility, and contributions to community welfare.